Puyallup, Bonney Lake & Auburn Recreation Winter Select Basketball League Rules

- 1. League play will begin Saturday, December 3rd.
- 2. High School Federation Rules will be used (except for the special rules adopted by Puyallup Parks & Rec, Bonney Lake Recreation and Auburn Parks & Rec).
- 3. A team may start, and must, if they have at least four (4) players. If at any time players are disqualified so that a team has only three (3) or less players, the game is forfeited to the opponents.
- 4. Coaches are asked to print the name and uniform number of each player on the scoresheet.
- 5. A regulation size basketball will be used for the boys 7th & 8th grade divisions (5th & 6th grade boys & all girls divisions will use an intermediate size ball).
- 6. Games will consist of two (2) twenty (20) minute running clock halves. Clock will stop during the last two (2) minutes of each half. If a team is ahead by 20 points, the clock will not stop the last two (2) two minutes of the game. Overtime will consist of a two (2) minute period with stop clock. Double overtime is one minute with stop clock. If the game is still tied, there will be a sudden period with the first team that scores, wins.
- 7. Each team will be allowed three (3) full time-outs per game. Teams will receive one (1) extra time out per overtime period.
- 8. ZONE DEFENSE AND MAN-TO-MAN DEFENSE WILL BE ALLOWED.
- 9. Full court man-to-man & zone press will be allowed. EXCEPTION: If a team is ahead by fifteen (15) points, no full court press is allowed. Penalty: First offense the team will receive a warning, second offense will result in a technical foul (automatic two (2) points for the opposing team).
- 10. The offensive team has ten (10) seconds to bring the ball across the half court line. Over and back will be in effect. (This is for boys and girls)
- 11. All technical and flagrant fouls will be an automatic two (2) points and the ball. If a player or coach receives a technical foul, they must sit five (5) minutes of game time from when the technical foul was issued. Two unsportsmanlike technical fouls during a game is an ejection from the game and the next scheduled game. Three unsportsmanlike technical fouls during the season will result in dismissal from the league.
- 13. Three technical fouls by one team in the same game, the game is a forfeit.
- 14. No protests allowed.
- 15. There will be no rescheduling of games once the game schedule has been distributed.
- 16. Each player will have five (5) personal fouls.

MORE RULES ON THE BACK